

Give It One More Chance

# CPS Short Version

Week 5

## CPS: Couples' Processing System (\*Short Version)

Are you available to listen?

SET-UP

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What I experienced ... (MIRROR ... Did I get you .... Is there more?)

What I make myself think about it ... (MIRROR ... Did I get you .... Is there more?)

What I am make myself feel about it ... (MIRROR ... Did I get you .... Is there more?)

What got triggered for me was ...

My request is ...

Listener own his/her contribution

Response to request